

# LifeGroups: Life Transformation Groups (LTG's)

## LifeGroup Leader Training

- **Basic Structure of Life Transformation Groups**
  - Groups of 2 or 3 (not co-ed)
    - When the group grows to 4, it is time to multiply.
  - Meet together for about 1 hour weekly – they can meet almost anywhere
  - Read a passage of Scripture before the meeting.
    - The group picks a passage to read for the next week.
    - Some groups read 25 to 30 chapters per week, others try to focus on a smaller section and read it multiple times.
  - No Leader.
  - They ask 10 accountability questions.
    - In an atmosphere of confidentiality, honesty and mutual accountability, they use these questions to confess sin and receive encouragement.
    - The questions can be tailored to the specific individuals in the group and the issues they are facing (see example lists for men and women).
    - The questions are intended to challenge each member to grow in their faith walk.
  - No curriculum.
    - Other than reading the Bible and asking the 10 questions there is no other curriculum.
    - By design, the LTG forces the members to discover the Word of God by themselves, with only the Holy Spirit and one another to guide them.
  - How do they start?
    - With the LifeGroup Leaders – You as a Leader should find one or two members of your life group and begin meeting.
    - After a period of time, encourage each member of your group to begin meeting with one or two others.
- **Why do LTG's work?**
  - They plant the seed, not a substitute. (“Let them loose. The flame will spread on its own.” -Martin Luther)
  - They remove the middleman.
  - They introduce evangelism as an expected part of Christian character.
  - They form life-long habits of spiritual discipline.
  - They allow the Holy Spirit to be a primary influence.
  - They provide tangible evidence of a rising leader.
  - They release the LifeGroup Leader for more focused ministry.
  - They encourage multiplication at the grass-roots level.

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- **10 Accountability Questions for Men**

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ?
2. Have you been in a compromising situation with a member of the opposite sex any where this past week, or been exposed to sexually explicit material?
3. Have you lacked integrity in your financial dealings?
4. Have you given priority time to your family?
5. Have you damaged another person by your words, either behind their back or face to face?
6. Have you succumbed to personal addiction? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. Develop a personal question tailored for your own unique temptations.
10. Have you just lied to me?

- **10 Accountability Questions for Women**

1. Have you been a verbal testimony this week to the supremacy of the Lord Jesus Christ?
2. Have you fantasized a romantic relationship with someone other than your spouse this past week, or read or seen any sexually alluring material?
3. Have you lacked integrity in your financial dealings? Have you spend money recklessly?
4. Have you honored your husband or children?
5. Have you said damaging things about another person, either behind their back or face to face?
6. Have you succumbed to personal addiction? Explain.
7. Have you continued to remain angry toward another?
8. Have you secretly wished for another's misfortune so that you might excel?
9. Develop a personal question tailored for your own unique temptations.
10. Have you been completely truthful with me/us?